



INTERNATIONAL  
CAMPUS OF  
EXCELLENCE

COORDINATION PROCESS OF  
LEARNING ACTIVITIES  
PR/CL/001



Facultad CC. Actividad Física y  
Deporte

# ANX-PR/CL/001-01

## LEARNING GUIDE

### SUBJECT

**115100031 - English For Professional And Academic Communication In Sports**

### DEGREE PROGRAMME

11AF - Grado En Ciencias De La Actividad Física Y Del Deporte

### ACADEMIC YEAR & SEMESTER

2025/26 - Semester 1

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## 1. Description

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### 1.1. Subject details

<b>Name of the subject</b>	115100031 - English For Professional And Academic Communication In Sports
<b>No of credits</b>	6 ECTS
<b>Type</b>	Compulsory
<b>Academic year of the programme</b>	Fourth year
<b>Semester of tuition</b>	Semester 7 Semester 8
<b>Tuition period</b>	September-January
<b>Tuition languages</b>	English
<b>Degree programme</b>	11AF - Grado en Ciencias de la Actividad Física y del Deporte
<b>Centre</b>	11 - Facultad Cc. Actividad Física Y Deporte
<b>Academic year</b>	2025-26

## 2. Faculty

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### 2.1. Faculty members with subject teaching role

<b>Name and surname</b>	<b>Office/Room</b>	<b>Email</b>	<b>Tutoring hours *</b>
Maria Jose Gomez Ortiz (Subject coordinator)	403	maria.gomez.ortiz@upm.es	M - 09:45 - 12:45 W - 09:45 - 12:45 Indicative schedule for 2025-2026. Variations may occur.

\* The tutoring schedule is indicative and subject to possible changes. Please check tutoring times with the faculty member in charge.

### 3. Prior knowledge required to take the subject

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#### 3.1. Prerequisite (passed) subjects

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- Nivelación B1 en Lengua Inglesa

- Nivelacion B2 en Lengua Inglesa

#### 3.2. Other required learning outcomes

The subject - other required learning outcomes, are not defined.

### 4. Prior knowledge recommended to take the subject

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#### 4.1. Recommended (passed) subjects

The subject - recommended (passed), are not defined.

#### 4.2. Other recommended learning outcomes

- B1 level of English

## 5. Skills and learning outcomes \*

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### 5.1. Skills to be learned

CG12 - Comprender y manejar la literatura científica del ámbito de la actividad física y el deporte en lengua inglesa y en otras lenguas de presencia significativa en el ámbito científico y específico de conocimiento.

CG13 - Desarrollar habilidades adecuadas de comunicación oral y escrita en lengua inglesa y en otras lenguas de presencia significativa en el ámbito científico y específico de conocimiento, que permitan la adecuada comunicación y transferencia de conocimientos.

### 5.2. Learning outcomes

RA2 - RA507\_Be able to communicate professionally in English

RA1 - RA506\_Be able to communicate orally in English

\* The Learning Guides should reflect the Skills and Learning Outcomes in the same way as indicated in the Degree Verification Memory. For this reason, they have not been translated into English and appear in Spanish.

## 6. Brief description of the subject and syllabus

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### 6.1. Brief description of the subject

With this course the student works the necessary skills in English to manage in a professional and academic communication environment related to sports and physical activity.

## 6.2. Syllabus

1. Being a coach. Instructions. Human body. Food, health and fitness. Sports and games. Grammar.
2. Giving an oral presentation. Useful language and grammar.
3. CV and Cover Letter. Professional World.
4. Writing an essay. Academic vocabulary. Grammar.

## 7. Schedule

### 7.1. Subject schedule\*

Week	Type 1 activities	Type 2 activities	Distant / On-line	Assessment activities
1	<b>Reading documents</b> Duration: 04:00 Cooperative activities			
2	<b>Reading documents</b> Duration: 04:00 Cooperative activities			
3	<b>Listening activities</b> Duration: 04:00 Cooperative activities			<b>Video CV (oral and written work).</b> Online test Progressive assessment Not Presential Duration: 00:30
4	<b>Listening activities</b> Duration: 04:00 Cooperative activities			
5	<b>Oral presentations</b> Duration: 04:00 Cooperative activities			
6	<b>Oral presentations</b> Duration: 04:00 Cooperative activities			
7	<b>Oral presentations</b> Duration: 04:00 Cooperative activities			<b>Fitness project applied to a client profile</b> Online test Progressive assessment Not Presential Duration: 00:30
8	<b>Listening and talking activities</b> Duration: 04:00 Cooperative activities			
9	<b>Listening and talking activities</b> Duration: 04:00 Cooperative activities			
10	<b>Listening and talking activities</b> Duration: 04:00 Cooperative activities  <b>Oral presentations</b> Duration: 00:00 Additional activities			<b>Oral presentations</b> Group presentation Progressive assessment Presential Duration: 00:00
11	<b>Writing documents</b> Duration: 04:00 Cooperative activities			

12	<b>Writing documents</b> Duration: 04:00 Cooperative activities			
13	<b>Writing documents</b> Duration: 04:00 Cooperative activities			
14	<b>Writing documents</b> Duration: 03:15 Cooperative activities  <b>Argumentative essay and academic vocabulary</b> Duration: 01:45 Additional activities			<b>Argumentative essay and academic vocabulary</b> Written test Progressive assessment Presential Duration: 01:45
15	<b>Writing documents</b> Duration: 04:00 Cooperative activities  <b>Active participation in class (all term)</b> Duration: 00:00 Additional activities			<b>Active participation in class (all term)</b> Other assessment Progressive assessment Presential Duration: 00:00
16				
17				<b>Global exam</b> Individual work Global examination Presential Duration: 02:00

Depending on the programme study plan, total values will be calculated according to the ECTS credit unit as 26/27 hours of student face-to-face contact and independent study time.

## 8. Activities and assessment criteria

### 8.1. Assessment activities

#### 8.1.1. Assessment

Week	Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
3	Video CV (oral and written work).	Online test	No Presential	00:30	15%	5 / 10	CG12 CG13
7	Fitness project applied to a client profile	Online test	No Presential	00:30	20%	5 / 10	CG12 CG13
10	Oral presentations	Group presentation	Face-to-face	00:00	25%	5 / 10	CG12 CG13
14	Argumentative essay and academic vocabulary	Written test	Face-to-face	01:45	30%	5 / 10	CG12 CG13
15	Active participation in class (all term)	Other assessment	Face-to-face	00:00	10%	5 / 10	CG12 CG13

#### 8.1.2. Global examination

Week	Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
17	Global exam	Individual work	Face-to-face	02:00	100%	5 / 10	CG12 CG13

#### 8.1.3. Referred (re-sit) examination

Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
Global exam	Individual work	Face-to-face	02:00	100%	5 / 10	CG12 CG13

## 8.2. Assessment criteria

**Progressive assessment** through the evaluation of the student participation in the following activities:

- Attendance and participation in classroom discussions. 10%
- Video CV (oral and written) 15%
- Fitness project applied to a client profile 20%
- Oral presentations 25%
- Argumentative essay and academic vocabulary 30%

**Global exam** (100%):

- Written test with all the contents of the subject, oral interview and oral assignment in English

**ATENCIÓN, SEGÚN LA NORMATIVA DE EVALUACIÓN DE LA UPM (mayo de 2022):**

"Para poder superar la asignatura, el o la estudiante deberá acreditar el nivel B2 con una antelación de, al menos, cinco días hábiles previos al examen de la convocatoria ordinaria o extraordinaria, según corresponda. En caso de no hacerlo, el estudiante podrá alcanzar una calificación máxima de 4.0 en la convocatoria ordinaria, y será calificado como No Presentado en la convocatoria extraordinaria."

## 9. Teaching resources

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### 9.1. Teaching resources for the subject

Name	Type	Notes
Contents	Equipment	- Library and bibliography indicated - Computer centre for preparing work / tasks  
Facilities	Equipment	- Classroom to work in groups - Computer and audiovisual media in the classroom - Audiovisual recorder
Teams, Moodle, Zoom	Web resource	Online tutoring

## 10. Other information

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### 10.1. Other information about the subject

**The subject includes content related to sustainability and sport throughout the semester:**

*Doing sport is one of people's main resolutions every beginning of the year. However, do you know, for example, how much pollution a Marathon creates? And a major sporting event like the football world cup? Some sports activities can also damage the environment and you should know about this to keep their effects to a minimum.*

*Bet on sustainable sport!*