

**FICHA DESCRIPTIVA DEL PROGRAMA INTENSIVO COMBINADO (BIP) para los
estudiantes**

Curso 2025-2026

INFORMACION GENERAL	
TÍTULO DEL CURSO BIP	Fundamental Motor Skills – Your map to understanding the educational role of modern physical education and sport
BREVE DESCRIPCIÓN DEL CURSO BIP	The aim of the programme is to raise awareness of the importance of fundamental motor skills as a prerequisite for undertaking informed, lifelong physical activity, to promote international cooperation, cultural diversity and the exchange of experience in the field of teaching/learning motor skills, and to promote physical activity and healthy lifestyles.
NÚMERO MÁXIMO DE PLAZAS	8 plazas
FECHAS PARTE FÍSICA	Del 11/05/26 al 15/05/26
FECHAS PARTE VIRTUAL	Del 21/04/26 al 19/05/26
UNIVERSIDAD ORGANIZADORA Y LUGAR DE REALIZACIÓN DE LA PARTE PRESENCIAL DEL BIP	Akademia Wychowania Fizycznego w Warszawie CIUDAD: BIALA PODLASKA PAÍS: Polonia
RECONOCIMIENTO ACADÉMICO (Nº ECTS)	3 créditos ECTS
REQUISITO LINGÜÍSTICO	IDIOMA: Inglés NIVEL: B1
REQUISITOS ESPECÍFICOS	BSC/MSC Students of Physical Education/Sport/Physiotherapy
CONTACTO UPM RESPONSABLE CURSO BIP	Carlos Monedero Pérez outgoing.inef@upm.es
DESTINO PERTENECIENTE A LA ALIANZA EELISA	NO
PLAZO DE PRESENTACIÓN DE SOLICITUDES	Desde el 19/01/26 Hasta el 30/01/26
INFORMACIÓN NECESARIA PARA RELLENAR EL LEARNING AGREEMENT (una vez concedida la plaza)	
SENDING INSTITUTION INFORMATION	
NOMBRE ESCUELA	FACULTAD DE CIENCIAS DE LA ACTIVIDAD FÍSICA Y DEL DEPORTE (INEF)
NOMBRE COORDINADOR	Jesús Oliván Mallén
CORREO COORDINADOR	internacional.inef@upm.es

CARGO	Departmental Erasmus Coordinator
RECEIVING INSTITUTION INFORMATION	
Name	Akademia Wychowania Fizycznego w Warszawie
ERASMUS code	PL WARSAW12
Address	CAMPUS BIALA PODLASKA ul. Akademicka 2, 21-500 Biała Podlaska
Country	Polonia
Faculty/Department	International Affairs Office malgorzata.charmas@awf.edu.pl
RECEIVING RESPONSIBLE PERSON	
First name(s)	Małgorzata
Last name(s)	Charmas
Position	BIP academic coordinator
Email	malgorzata.charmas@awf.edu.pl
STUDY PROGRAMME AT RECEIVING INSTITUTION AND RECOGNITION AT THE SENDING INSTITUTION	
Component title or description at the Receiving Institution	Integrating Sport Games into Training (ISGiT)
Component Code /BIP ID	<i>2024-1-PL01-KA131-HED-000197572-1</i>
Short description	The course “Integrating Sport Games into Training (ISGiT)” focuses on the theoretical and practical aspects of using sport games as a training tool. It aims to equip sports science and physical education students with the knowledge and skills to effectively integrate sport games into diverse training contexts.