



# Nanjing Agricultural University 2026 International Summer School Sustainable Wellness through China's Traditional Exercises

## Project Overview

- ▶ Time: July 1 - 15, 2026 (15 days in total)
- ▶ Location: Nanjing, Jiangsu, China
- ▶ Language of Instruction: Bilingual (Chinese and English)
- ▶ Enrollment Size: 30-40 people

## Why choose this project?

- ▶ Leading position in the field of Traditional Chinese Sports Education
  - National-level martial arts referees and Taichi grading examiners
  - Multiple championships in the National College Student Traditional Sports Championships
- ▶ Immersive cultural experience
  - Learn Tai Chi, martial arts, and dragon and lion dances from authentic inheritors
  - Understand the philosophical thoughts behind traditional Chinese sports



- ▶ Personalized teaching system and practical learning
  - A 1:10 teacher-student ratio ensures that each student receives ample guidance
  - Courses focus on skill training



International A-class Referee (Martial Arts)



International Referee (Dragon and Lion Dances)



National First-class Referee (Martial Arts)



National Referee (Martial Arts)



National Referee (Martial Arts)



International First-class Referee (Dragon Boat)

## Curriculum system

Traditional Chinese Martial Arts

TaiChi and Qigong

Dragon and Lion Dance

Traditional Sports Theory

Cultural experience activities (eg. Nanjing's historical Sites)

## Fees & Scholarships

- ▶ The Summer Schools are all FREE of program fee and accommodation. Students need to pay for the insurance, dorm electricity, food and travel fare. Scholarship is available for outstanding applicant to help cover partial international travel fare.

## How to Apply

### ● Step 1

Register for NAU online application system of international students.  
<https://njau.at0086.cn/Stu-Application/Login.aspx>

### ● Step 2

Choose "2026 NAU International Summer School"

### ● Step 3

Upload the materials and submit the application;

### ● Step 4

Waiting for the admission notice email, and confirm the admission.

## Contact information

### ▶ Admissions Office

Ms. Wang Yingshuang Director of the Admissions Office

Email: [admission@njau.edu.cn](mailto:admission@njau.edu.cn)

